



# SCHOOL LIAISON News

Aug. 2024

## DID YOU KNOW...

Clearing House for Military Family Readiness has [School Resources to Support Military-Connected students](#), which links school personnel and families with evidence-informed resources to support military connected students.

[Cirkled In™](#) a professional showcase secured platform for students has a "No Sweat" \$2500 cash scholarship that can be used for any educational purpose. Check it out!

If still looking for list of school supplies, please visit your local school's link at [Charles County](#), [King George County](#) and [Dahlgren School](#).

[Pilot Program](#) for active military stationed at Dahlgren base and living off-base to attend Dahlgren School is still going on. Follow the link for info.

[King George County Public Schools Open House Scheduled](#) for Aug. 8 & 9, schools starting Aug. 13.

[Charles County Public Schools](#) 2024-25 school year starts Aug. 26. Visit your school's website for open house schedule.

Dahlgren School's Meet the Teachers is on Aug. 16 from 1-3 pm. School starts on Aug. 19 for 1-8<sup>th</sup> Grades, Kinder on Aug. 20 and preK on Sept. 3rd. Open House on Sept. 12 4-6pm.

Back to School Bash for NSF Dahlgren is on Aug. 8 from 3:30 to 5 pm and NSF Indian Head is on Aug. 23 from 3-6. Watch for flyers on Facebook for info.

Dahlgren Library has the [United Through Reading™](#) for military members to record the book reading and upload a story for your loved ones no matter the distance.

*Military families who need school supplies, contact your School Liaison. Limited supplies available.*

## Relationship Framework for a Thriving & Resilient Youth

Regardless of background or circumstances, developmental relationships are the roots of thriving and resilient young people. Through these relationships, young people discover who they are, cultivate abilities to shape their own lives, and learn how to engage with & contribute to the world around them. Just as trees rely on a system of roots to support and nourish them, youth need to experience developmental relationships in their families, schools, programs, and communities. However, too many young people miss these opportunities due to bias, prejudice, and systemic exclusion based on their race, ethnicity, income, gender, sexual orientation, abilities, or other differences. Ensuring that every young person experiences the developmental relationships they need, is a vital challenge. Here are some techniques:

### **EXPRESS CARE** *"Show me that I matter to you."*

**Be Dependable** - *"Be someone I can trust."* **Be warm** - *"Show me you enjoy being with me."* **Listen**- *"Really pay attention when we are together."* **Encourage** - *"Praise me for my effort and achievements."* **Believe in me** - *"Make me feel known and valued."*

### **CHALLENGE GROWTH** - *"Push me to keep getting better."*

**Expect my best** - *"Expect me to live up to my potential."* **Hold me accountable** - *"Insist I take responsibility for my actions."* **Stretch** - *"Push me to go further."* **Reflect on failures** - *"Help me learn from mistakes and setbacks."*

### **PROVIDE SUPPORT** - *"Help me achieve tasks and achieve goals."*

**Navigate** - *"Guide me through hard situations and systems."* **Advocate**- *"Stand up for me when I need it"*. **Empower** - *"Build my confidence to take charge of my life."* **Set boundaries** - *"Put limits in place that keep me on track."*

### **SHARE POWER** - *"Treat me with respect and give me a say."*

**Respect Me** - *"Take me seriously and treat me fairly."* **Collaborate** - *"Work with me to solve problems and reach goals."* **Include me** - *"Involve me in decision that affect me."* **Let me lead** - *"Create opportunities for me to take action and lead."*

### **EXPAND POSSIBILITIES** - *"Connect me with people and places that broaden my world."*

**Inspire** - *"Inspire me to see possibilities for my future".* **Connect** - *"Introduce me to people who can help me grow."* **Broaden Horizons** - *"Expose me to new ideas, experiences, and places."*

Important to remember that research has shown that when young people experience quality developmental relationships with caring adults, they tend to do well in school. Let's make it a habit to build relationships with all the children we are in contact with mostly, our own children.

**HAVE A SUCCESSFUL SCHOOL YEAR!**

Excerpt from Search Institute [www.searchinstitute.org](http://www.searchinstitute.org)



## HELPFUL RESOURCES TO SUPPORT LEARNING

[Charles County Public Schools Virtual Academy](#) – CCPS offers online high school courses using a virtual learning approach.

[DODEA Virtual High School](#) – provides online asynchronous courses with synchronous support by full-time DODEA certified teachers. A program to supplement classroom instruction when courses are needed due to student transition issues, student course schedule conflicts or unavailability of a course at the DODEA school.

[Military Interstate Compact](#) - deals with the challenges of military children and their frequent relocations. It allows for uniform treatment as military children transfer between school districts in member states. It addresses key issues such as eligibility, enrollment, placement and graduation.

[Tutor.com/military](#) – a free live, online tutor for active military families and extended to DOD civilians servicing K-12 and college students.

[Dod MWR Libraries](#) – online resources for free e-books, audio books and peer-reviewed articles. Authorized patrons can access test study guides and practice exams online and through a mobile app, including ACT, SAT, writing, mathematics, AP subject exams and more. Visit your local installation library for assistance.

[Military One Source Education Consultant](#) - looks into education options for the student, referrals to education services that best meet the child's needs and makes connections to a wide variety of resources. They can answer your questions and provide information about services and benefits.

[Khan Academy](#) – A non-profit organization, has tutor for learners and teachers powered by GPT-4, Khanmigo. Khan Academy has test preps, exercises, videos and articles for students in every grade level in all subjects. It explains step-by-step procedure solving a problem. Parents and teachers can also use the teacher tools to monitor progress and assign specific work.

[Penn State Better Kid Care](#) – offers short videos on Kindergarten Readiness topics.

[Today's Parent Guides](#) TODAY Parenting Guides in partnerships with Chan and Zuckerberg Initiative provide benchmarks and tips for your child's academic, physical and social emotional growth.

[Virginia Department of Education](#) has myriads of resources to explore in support of your child's academic journey.

[Department of Defense Education Activity \(DODEA\)](#) is committed in providing transparency and accountability to parents, guardians and sponsors by providing specific rights noted on their page that links to the relevant DoDEA policy.

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**“Educating the mind without educating the heart is no education at all.” Aristotle**

**ARE YOU TRANSITIONING IN OR OUT OF NSF  
INDIAN HEAD OR NSF DAHLGREN?  
Contact the School Liaison for sponsors and  
receive a Welcome/Goodbye kit!!!**

Dahlgren Youth Center  
540-653-8009

NSASP School Liaison  
Office: (540) 653-2070  
Cell: 540-413-7287  
Email: NSASP\_SL@us.navy.mil

Indian Head My Generation  
Youth Center 301-743-5456



**HAVE A SUCCESSFUL and PRODUCTIVE 2024-25 SCHOOL YEAR!**