

# SUMMER SPORTS

DAHLGREN FITNESS CENTER

# JULY

Register for all leagues by June 28 at the Dahlgren Fitness Center.

## 2024 INTRAMURAL SPORTS LEAGUES

### CO-ED BASKETBALL LEAGUE

Beat the heat with a summer basketball league!  
4 teams minimum needed to establish league play.

### RACQUETBALL LEAGUE

Hit the courts for a round robin racquetball league.  
4 players minimum to establish league play.

### CO-ED VOLLEYBALL LEAGUE

Bump, set, spike! Join us for a 6-on-6 volleyball league.  
4 teams minimum needed to establish league play.

### CO-ED FUTSAL LEAGUE

Show off your soccer skills this summer with futsal!  
4 teams minimum needed to establish league play.

Open to all with base access.

For more information, or to register, call the  
Dahlgren Fitness Center at (540) 653-8580.



## LEAGUE COSTS

- FREE** — Active-duty military
- FREE** — Contractors with fitness membership
- \$15** — Retirees and military dependents
- \$30** — DoD civilians
- \$40** — Contractors without a fitness membership and off-base civilians

NavyMWRDahlgren.com



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