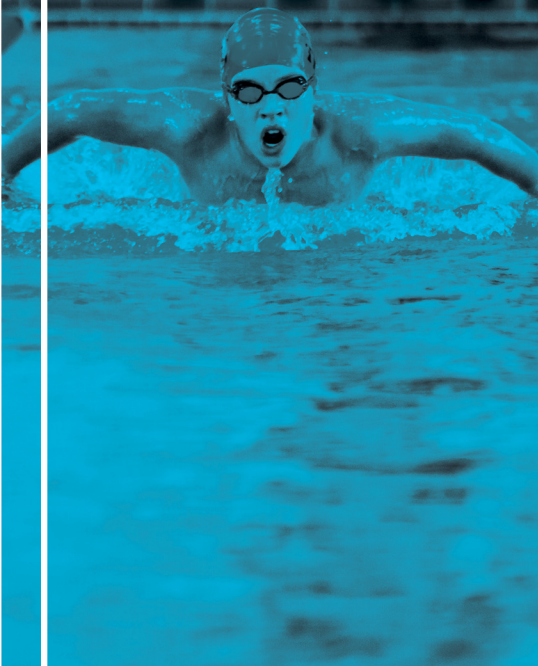


# DAHLGREN SPRINT TRIATHLON



300 Yard Swim



12 Mile Bike



3.1 Mile Run

## Saturday, July 13

Rain or Shine

NSF Dahlgren Pool

**Registration Deadline: June 19**

Check in: 6:30 AM

Official Start: 7:30 AM

- ▶ Male and Female 1st, 2nd and 3rd place winners.
- ▶ All participants will receive a finisher medal and swag bag of goodies.

**Must have a minimum of 25 participants registered by June 19th to hold the event.**

**COST:** 17 & Under: \$30, Active Duty: \$35, All Others: \$40



VISIT [NAVYMWRDAHLGREN.COM](http://NAVYMWRDAHLGREN.COM)

STAY CONNECTED |   @DAHLGRENFFR



*The Department of the Navy does not endorse any company, sponsor, or their products or service.*